

DISSERTATION TOPICS FROM DEPT. OF SIDDHAR YOGA MARUTHUVAM (FROM 2020)

S.NO	BATCH	NAME	TOPIC	GUIDE /CO-GUIDE
1	OCT 2020	Dr. H.JESIMA BARVEEN	AN OPEN LABELLED NON-RANDOMISED PHASE II COMPARITIVE CLINICAL TRIAL TO EVALUATE THE THERAPEUTIC EFFICACY OF SIDDHAR YOGAM THERAPY AND NAAVAL PAZHA KARPAM(SIDDHA KALPA MEDICINE -INTERNAL) FOR NEERIZHIVU (DIABETES MELLITUS)	Dr.A.S.POONGADI KANTHIMATHI
2	OCT 2020	Dr. I.JOSHI	AN OPEN LABELLED NON-RANDOMISED PHASE II COMPARITIVE CLINICAL TRIAL TO EVALUATE THE THERAPEUTIC EFFICACY OF SIDDHAR YOGAM THERAPY AND VILAMPAZHA KARPAM (SIDDHA KALPA MEDICINE - INTERNAL) FOR VATHA PITHAM (HYPERTENSION)	Dr.A.S.POONGADI KANTHIMATHI
3	OCT 2020	Dr.S.MUTHU VIGNESH	AN OPEN LABELLED NON-RANDOMISED PHASE II COMPARITIVE CLINICAL TRIAL TO EVALUATE THE THERAPEUTIC EFFICACY OF SIDDHAR YOGAM THERAPY AND KHARUN THULASI KARPAM (SIDDHA KALPA MEDICINE -INTERNAL) FOR ERAIPPU ERUMAL(BRONCHIAL ASTHMA)	Dr.A.S.POONGADI KANTHIMATHI
4	OCT 2021	Dr. BINDHUJA G.DHARAN	AN OPEN LABELLED NON-RANDOMISED PHASE II CLINICAL TRIAL TO EVALUATE THE EFFICACY OF SIDDHAR YOGA MARUTHUVA MURAIGAL(SURYA NAMASKARAM AND AMUKKARA PODI) IN THE	Dr.A.S.POONGADI KANTHIMATHI

			MANAGEMENT OF ATHITHOOLA NOI	
5	OCT 2021	Dr.M.JOSEPHIN ABISALA	AN OPEN LABELLED NON- RANDOMIZED COMPARATIVE PHASE II CLINICAL TRIAL TO EVALUATE THE THERAPEUTIC EFFICACY OF SATHAPPILAI CHOORANAM AND SIDDHAR YOGA THERAPY IN THE MANAGEMENT OF RAKTHA SOORAI VAAYU	Dr.A.S.POONGADI KANTHIMATHI
6	OCT 2021	Dr.A.PORKODI	AN OPEN LABELLED DOUBLE ARM NON- RANDOMISED PHASE II CLINICAL TRIAL TO EVALUATE THE THERAPEUTIC EFFICACY OF SIDDHAR YOGAM THERAPY AND SIDDHA KALPA MEDICINE KADUKKAI KARPAM (INTERNAL) IN THE MANAGEMENT OF THANDAGA VATHAM (LUMBAR SPONDYLOSIS).	Dr.A.S.POONGADI KANTHIMATHI
7	OCT 2021	Dr.V.TAMIL SELVI	AN OPEN LABELLED DOUBLE ARM NON- RANDOMISED PHASE II CLINICAL TRIAL TO EVALUATE THE THERAPEUTIC EFFICACY OF SIDDHAR YOGAM THERAPY AND SIDDHA KALPA MEDICINE CHUKKU KARPAM (INTERNAL) IN THE MANAGEMENT OF CEGANA VATHAM (CERVICAL SPONDYLOSIS)	Dr.A.S.POONGADI KANTHIMATHI
8	OCT 2022	Dr. N.AMRIT SAM	AN OPEN LABELLED DOUBLE ARM NON RANDOMIZED PHASE II CLINICAL TRIAL TO EVALUATE THE EFFICACY OF SIDDHAR YOGA MARUTHUVA MURAIGAL AND SIDDHA MEDICE SADAMANJIL CHOORANAM IN THE MANAGEMENT OF	Dr.A.S.POONGADI KANTHIMATHI

			THOOKKAMINMAI (INSOMNIA)	
9	OCT 2022	Dr.B.SUDHANTHIRA	AN OPEN LABELLED DOUBLE ARM NON RANDOMIZED PHASE II CLINICAL TRIAL TO EVALUATE THE EFFICACY OF SIDDHAR YOGA MARUTHUVA MURAIGAL AND SIDDHA MEDICINE KANDAKATHIRI SAMULA CHLOORANAM IN THE MANAGEMENT OF PEENISAM(SINUSITIS)	Dr.A.S.POONGADI KANTHIMATHI
10	OCT 2022	Dr.Y.SYED RINOS FATHIMA	AN OPEN LABELLED DOUBLE ARM NON RANDOMIZED PHASE II CLINICAL TRIAL TO EVALUATE THE EFFICACY OF SIDDHAR YOGA MARUTHUVA MURAIGAL AND SIDDHA MEDICINE AVURI ILAI KUDINEER IN THE MANAGEMENT OF AZHAL KEEL VAYU	Dr.V.MAHALAKSHMI
11	OCT 2023	Dr.B.ARTHI	AN OPEN LABELLED DOUBLE ARM NON- RANDOMISED PHASE II CLINICAL TRIAL ,TO EVALUATE THE EFFICACY OF SIDDHAR YOGA MARUTHUVA MURAIGAL AND SIDDHA MEDICINE PODUTHALAI KASHAYAM(INTERNAL MEDICINE) IN THE MANAGEMENT OF KUMBA VATHAM (PERIARTHRITIS)	Dr.A.S.POONGADI KANTHIMATHI
12	OCT 2023	Dr.DIVYABHARATHI S P	AN OPEN LABELLED DOUBLE ARM NON- RANDOMISED PHASE II CLINICAL TRIAL ,TO EVALUATE THE EFFICACY OF SIDDHAR YOGA MARUTHUVA MURAIGAL AND SIDDHA MEDICINE MOOKIRATTAI CHLOORANAM IN THE	Dr.A.S.POONGADI KANTHIMATHI

			MANAGEMENT OF THANDAGA VATHAM (LUMBAR SPONDYLOSIS)	
13	OCT 2023	Dr. A. VIGNESHWARI	AN OPEN LABELLED DOUBLE ARM NON- RANDOMISED PHASE II CLINICAL TRIAL ,TO EVALUATE THE EFFICACY OF SIDDHAR YOGA MARUTHUVA MURAIGAL AND SIDDHA MEDICINE CHITARATHAI PODI (INTERNAL MEDICINE)IN THE MANAGEMENT OF MANTHARA KAASAM(ALLERGIC ASTHMA)	DR.V.MAHALAKSHMI
14	OCT 2024	Dr. O.S.KAYALVIZHI	AN OPEN LABELED DOUBLE ARM NON RANDOMIZED PHASE II CLINICAL TRIAL TO EVALUATE THE EFFICACY OF SIDDHAR YOGA MARUTHUVA MURAIGAL AND INJI THEAN IN THE IN THE MANAGEMENT OF ATHITHOOLAM (OBESITY)	Dr.V.MAHALAKSHMI
15	OCT 2024	Dr. P.KEERTHIKA DEVI	AN OPEN LABELED DOUBLE ARM NON RANDOMIZED PHASE II CLINICAL TRIAL TO EVALUATE THE EFFICACY OF SIDDHAR YOGA MARUTHUVA MURAIGAL AND VEPPAM PATTAI CHOORANAM (INTERNAL MEDICINE) IN THE MANAGEMENT OF CEGANA VATHAM (CERVICAL SPONDYLOSIS)	Dr.V.MAHALAKSHMI
16	OCT 2024	Dr.S.MONISHA	AN OPEN LABELED DOUBLE ARM NON RANDOMIZED PHASE II CLINICAL TRIAL TO EVALUATE THE EFFICACY OF SIDDHAR YOGA MARUTHUVA MURAIGAL AND PARANGI PATTAI PODI (INTERNAL	Dr V.MAHALAKSHMI

			MEDICINE) IN THE MANAGEMENT OF MADHUMEGAM (TYPE II DIABETES MELITUS)”	
17	OCT 2024	Dr. M.SURIYA	AN OPEN LABELED DOUBLE ARM NON RANDOMIZED PHASE II CLINICAL TRIAL TO EVALUATE THE EFFICACY OF SIDDHAR YOGA MARUTHUVA MURAIGAL AND PERARATHAI CHOORANAM (INTERNAL MEDICINE) IN THE MANAGEMENT OF “AZHAL KEEL VAYU”	Dr.M.SANKARA RAMA SUBRAMANIAN
18	NOV 2025	Dr.J.S.JERFIN	AN OPEN LABELLED TRIPLE ARM NON-RANDOMIZED PHASE II CLINICAL TRIAL TO EVALUATE THE EFFECTIVENESS OF SIDDHAR YOGA MARUTHUVA MURAIGAL AND SEENTHIL CHOORANAM (INTERNAL MEDICINE) IN THE MANAGEMENT OF KURUTHI AZHAL NOI (HYPERTENSION)	Dr.V.MAHALAKSHMI
19	NOV 2025	Dr.R.RAJESH	AN OPEN LABELED TRIPLE ARM NON-RANDOMIZED PHASE II CLINICAL TRIAL TO EVALUATE THE EFFICACY OF SIDDHAR YOGA MURAIGAL AND SIDDHA MEDICINE MAVILANGAPATTAI KUDINEER IN THE MANAGEMENT OF KUMBAVATHAM (PERIARTHRITIS)	Dr.V MAHALAKSHMI
20	NOV 2025	Dr. A SAFEEQ AHAMED	AN OPEN LABELLED TRIPLE ARM NON-RANDOMIZED PHASE II CLINICAL TRIAL TO EVALUATE THE EFFICACY OF SIDDHA MEDICINE "DEVATHARU KATTAI CHOORNAM" AND SIDDHAR YOGA MURAIGAL	Dr.V.MAHALAKSHMI

			IN THE MANAGEMENT OF PEENISAM (SINUSITIS)	
21	NOV 2025	Dr.C SOWNDARYA	AN OPEN LABELLED TRIPLE ARM NON-RANDOMIZED PHASE II CLINICAL TRIAL TO EVALUATE THE EFFICACY OF SIDDHAR YOGA MURAIGAL AND INJI CHOORANAM II (INTERNAL) IN THE MANAGEMENT OF SOOTHAGA VAAYU (PCOS)	Dr.V.MAHALAKSHMI
22.	ONGOING NOV 2026	Dr .M. KARTHIKEYAN	AN OPEN LABELLED DOUBLE ARM PHASE II CLINICAL TRIAL, TO EVALUATE THE EFFECTIVENESS OF KADUKKAI KARPAM AND KADUKKAI KARPAM WITH THIRUMOOLAR PRANAYAMAM IN THE MANAGEMENT OF VIYAGULA UNMATHAM WITH SPECIAL REFERENCE TO DEPRESSION	Dr.V.MAHALAKSHMI
23	ONGOING NOV 2026	Dr.M.PACKIA LAKSHMI	AN OPEN LABELLED DOUBLE ARM NON-RANDOMIZED PHASE II CLINICAL TRIAL TO EVALUATE THE EFFICACY OF SIDDHAR YOGA MURAIGAL AND KEEZHKAI NELLI PODI IN THE MANAGEMENT OF MADHUMEGAM (DIABETES MELLITUS)	Dr.V.MAHALAKSHMI
24	ONGOING NOV 2026	Dr.S.SATHISH KUMAR	AN OPEN LABELLED DOUBLE ARM NON RANDOMIZED PHASE II CLINICAL TRIAL TO EVALUATE THE EFFICACY OF SADAMANJIL CHOORANAM AND SADAMANJIL CHOORANAM WITH SIDDHAR YOGA MARUTHUVA MURAIGAL IN THE MANAGEMENT OF	Dr.V.MAHALAKSHMI

			ERAIPPU (BRONCHIAL ASTHMA)	
25	ONGOING NOV 2026	Dr.K.SRI ELAMATHI DEVASENA	AN OPEN LABELLED DOUBLE ARM NON RANDOMIZED PHASE II CLINICAL TRIAL TO EVALUATE THE EFFICACY OF VAAIVIDANGA CHLOORANAM (INTERNAL MEDICINE) AND VAAIVIDANGA CHLOORANAM (INTERNAL MEDICINE) WITH SIDDHAR YOGA MURAIGAL IN THE MANAGEMENT OF VATHASTHAMBAM (SCIATICA)	Dr.M.SANKARA RAMA SUBRAMANIAN

**MINOR PROJECT FROM DEPARTMENT OF SIDDHAR YOGA MARUTHUVAM
FROM 2020**

S.NO	BATCH	NAME	TOPIC
1	2020	Dr. I Joshi	Effect of Thirumoolar pranayamam on stress of menopausal age group women- A case series
2	2020	Dr.H.Jesima Baruveen	Knowledge attitude and practice On Yoga Therapies among outpatient department -GSMCH , Palayamkottai -A cross sectional study
3	2020	Dr.S.Muthu vignesh	A REVIEW ON SIRAPPU MARUTHUVAM DISSERTATION TOPICS GOVERNMENT SIDDHA MEDICAL COLLEGE & HOSPITAL, PALAYAMKOTTAI.
4	2021	Dr.Bindhuja G.Dharan	Comparative Study on the effect of Asanas and Arthasanas at Government Siddha Medical College and hospital, Palayamkottai, Tirunelveli in the year 2019
5	2021	Dr.M.Josephin Abisala	A Descriptive Study of External Therapies for Skin Diseases among Traditional Siddha Practitioners in Kanyakumari District.
6	2021	Dr.A.Porkodi	RESPONSIVENESS OF THE PATIENTS TOWARDS YOGA TREATMENT FOR THANDAGAVATHAM AT THE OUT PATIENT DEPARTMENT OF GOVERNMENT SIDDHA MEDICAL COLLEGE,PALAYAMKOTTAI BETWEEN JUNE-SEPTEMBER 2019
7	2021	Dr.V.Tamil selvi	DOCUMENTATION OF VARIOUS HEALTH PROBLEMS AND THEIR MANAGEMENT AMONG MALAYALI TRIBES IN RURAL AREA OF KAARAPAADY, DHARMAPURI DISTRICT - A ETHNOMEDICAL STUDY
8	2022	Dr.N.Amrith Sam	A literature review of Different schools of yogam
9	2022	Dr.B.Sudhanthira	A literature review on yoga Mudras

10	2022	Dr.T.Syed Rinos Fathima	A literature review on kaya karpam Metals
11	2023	Dr.B.Arthi	A Literature Review On Panchabootha Mudhras And Its Effect On Health
12	2023	Dr.S.P.Divya Bharathi	A Literature review on Manthras mention in Siddha Texts For Prevention and Cure of disease
13	2023	Dr.A.Vigneshwari	An Assessment Among Siddha Physicians Incorporating The Practice Of Virechanam (Purgation) in their routine clinical practice – A cross sectional study
14	2024	Dr.O.S.Kayalvizhi	A CROSS SECTIONAL SURVEY ON EFFECT OF YOGA BASED LIFE STYLE AND ASSESSMENT OF new BMI AMONG YOGA PRACTITIONERS OF TIRUNELVELI AND KANNIYAKUMARI DISTRICTS
15	2024	Dr.P.keerthika devi	EFFECT OF YOGA ON SOOTHAGAVALI (PRIMARY DYSMENORRHOEA)- A CASE SERIES
16	2024	Dr.S.Monisha	EFFECTIVENESS OF YOGASANAM ON CEGANAVATHAM(CERVICAL SPONDYLOSIS)-A CASE SERIES
17	2024	Dr .M.Suriya	EFFICACY OF YOGA THERAPY ON Nalavibhatham (VARICOSE VEIN)-A CASE SERIES
18	2025	Dr.R.Rajesh	A CROSS SECTIONAL STUDY ON AWARENESS ABOUT SIDDHAR YOGAM AND ITS BENEFITS AMONG SENIOR SECONDARY SCHOOL STUDENTS IN TIRUNELVELI DISTRICT
19	2025	Dr.J.S.Jerfin	Knowledge, Attitude, and Practice of Siddhar Yogam Among Young Adults: A Cross Sectional Survey
20	2025	Dr.C.Sowndraya	EFFECT OF SIDDHAR YOGAM [ASANAS] AND PRANAYAMAM AMONG MADHUMEGAM [TYPE 2 DIABETES] PATIENTS ATTENDING OPD AT GSMCH,PALAYAMKOTTAI- A CASE SERIES
21	2025	Dr.A.Safeeq Ahamed	A cross-sectional study on the Practices of Siddhar yogam (Ogam) intervention by Assistant Siddha Medical Officers of Government Siddha wings in Tirunelveli district-Tamilnadu
22.	2026	Dr.M.Karthikeyan	A REVIEW ON TREATMENT MODALITIES PRESCRIBED FOR ULA PINIGAL (PSYCHIATRIC DISORDERS) IN SIDDHA LITERATURES
23	2026	Dr M.Packia Lakshmi	A DESCRIPTIVE STUDY OF DHRISTI SADHANA YOGA KRIYA ON THE MANAGEMENT OF MYOPIA _ A CASE SERIES OF OPD, GSMCH, PALAYAMKOTTAI,

24	2026	Dr.S.Sathish Kumar	A DESCRIPTIVE STUDY OF SIDDHAR YOGIC MUDRAS (HAND GESTURES)FOR STRESS MANAGEMENT _ A CASE SERIES OF OPD,GSMCH, PALAIYAMKOTTAI.
25	2026	Dr K Sri Elamathi Devasena	_ A LITERATURE REVIEW ON FUNDAMENTALS AND PRINCIPLES OF SIDDHAR VASI YOGAM

PAPER PUBLICATION – DEPARTMENT OF SIDDHAR YOGA MARUTHUVAM from 2018

SN	RESEARCH PAPER	JOURNAL /PUBLICATION	AUTHOR	CO-AUTHOR
1	Biochemical Analysis Of Siddha Monoherbal Drug “Karunthulasi Karpam”.	International Journal Of Reverse Pharmacology And Health Research Year - 2020	S. Muthuvignesh	Dr.A.S.Poongodi Kanthimathi
2	A Review On Sirappu Maruthuvam Dissertation Topics – Gsmch – Palayamkottai.	International Journal Of Reverse Pharmacology And Health Research Year- 2018	S. Muthuvignesh	Dr.A.S.Poongodi Kanthimathi
3	Biochemical Analysis Of Siddha Karpa Medicine- “Naval Pazha Karpam”.	IJRPHR - International Journal Of Reverse Pharmacology And Health Research Volume-3 , Issue-1. Year- Jan-March 2020.	H. Jesima Barveen.	Dr.A.S.Poongodi Kanthimathi
4	Biochemical Analysis Of Siddha Karpa Medicine “Vilwa Pazha Karpam”.	IJRPHR – Volume-3 , Issue -1.	I.Joshi	Dr.A.S.Poongodi Kanthimathi
5	Case Series On The Effect Of Siddhar Yogam Intervention For Stress Of Women.	IJRPHR - International Journal Of Reverse Pharmacology And Health Research Year -2018	I.Joshi	Dr.A.S.Poongodi Kanthimathi Dr.A.Rajarajeshwari

6	Knowledge Attitude Practice On Yoga Therapies Among Outpatient Department – Gsmc&H , Palayamkottai –A Cross Sectional Study.	IJRPHR - International Journal Of Reverse Pharmacology And Health Research Year - 2018	H. Jesima Barveen.	Dr.A.S.Poongodi Kanthimathi Dr. A.Rajarajeshwari
7	Biochemical Analysis Of Siddha Monoherbal Drug “Kadukkai Karpam”.	IJRPHR - International Journal Of Reverse Pharmacology And Health Research Volume -4 , Issue -2 Year- Apr- June- 2021	A.Porkodi Josephin Abilasa	Dr.A.S.Poongodi Kanthimathi
8	A Literature Review On Yoga Muthiraigal In Siddha.	IJRPHR , Volume-5 , Issue No- 1 . Pg No : 210-224 International Journal Of Reverse Pharmacology And Health Research Year-Jan- Mar -2022	B. Sudhanthgira	Dr.A.S.Poongodi Kanthimathi
9	Management Of Thookaminmai (Insomnia) Through Siddha Medicine “Sadamanjil Choornam ”– A Case Report .	IJMSCR , Volume-5 , Issue No- 2 Pg 982 -985 International Journal Of Medical Science & Current Research Year- Mar - Apr- 2022	N.Amrith Sam	Dr.A.S.Poongodi Kanthimathi
10	A Literature Review On Different Schools Of Yogam .	IJMSCR , Volume-5 , Issue No- 1 Pg 205 -211 International Journal Of Reverse Pharmacology & Health Research Year-Jan - Mar -2022	N.Amrith Sam	Dr.A.S.Poongodi Kanthimathi

11	Literature Review On Kayakarpam – Thathu (Metal & Minerals) In Siddha System Of Medicine .	IJMSCR , Volume-5 , Issue No-1 Pg 127 -129 International Journal Of Recent Advances In Multidisplinary Topics Year- Apr - 2022	Y. Syed Rinos Fathima	Dr.A.S.Poongodi Kanthimathi
12	Biochemical Analysis Of Siddha Monoherbal Drug Sadamangil Choornam .	IJMSCR , Volume-3 , Issue No-3 Pg 82 -83 Year - Mar - 2022	N.Amrith Sam	Dr.A.S.Poongodi Kanthimathi
13	A Literature Review On Panchabootha Mudhras And Its Effect On Health .	IJMSCR , Volume-4 , Issue No-4 International Journal Of Recent Advances In Multidisplinary Topics Year - Apr - 2023	B.Arthi	Dr.A.S.Poongodi Kanthimathi
14	A Literature Review On Manthras Mentioned In Siddha Texts For Prevention & Cure Of Diseases .	IJMSCR , Volume-4 , Issue No-4 International Journal Of Recent Advances In Multidisplinary Topics Year -Apr - 2023	S.P. Divyabharathi	Dr.A.S.Poongodi Kanthimathi
15	Siddhar Yogam practices on oxidative stress- current evidence and future direction	International Journal of research and analytical reviews (IJRAR) Volume 10 , issue 3,2023	A.Vigneshwari	Dr.V.Mahalakshmi

16	An Assessment among siddha physicians incorporating the practice of virechanam (purgation) in their routine clinical practice – A cross sectional study	International Journal of science and engineering development research Volume 8, issue 9,2023	A.Vigneshwari	Dr.V.Mahalakshmi
17	Biochemical analysis of siddha mono herbal drug parangipattai podi	World journal of pharmacy and pharmaceutical sciences Volume 13,issue 8,july 2024	S.Monisha	Dr.V.Mahalakshmi
18	Effectiveness of Yogasanam on Ceganavatham (Cervical spondylosis) – A case series	International Journal of current research in medical sciences Volume 10, issue 7-2024	S .Monisha	Dr.V.Mahalakshmi
19	Effect of yoga on Soothagavali (Primary Dysmenorrhea) -A case series	International Journal of current research in medical sciences Volume 10, issue 7-2024	P.Keerthigadevi	Dr.V.Mahalakshmi

20	Biochemical analysis of siddha mono herbal drug Veppampattai chooranam	World journal of pharmacy and pharmaceutical sciences Volume 13,issue 8,july 2024	P.Keerthigadevi	Dr.V. Mahalakshmi
21	Efficacy of Yoga therapy on Nalavibatham (Varicose veins) – A case series	European journal of Biomedical and pharmaceutical sciences Volume 11, Issue 9,2024	M.Suriya	Dr.V.Mahalakshmi
22	Biochemical analysis of siddha mono herbal drug perarathai chooranam – Alpinia galanga	European journal of Biomedical and pharmaceutical sciences Volume 11, Issue 8,2024	M.Suriya	Dr.V.Mahalakshmi
23	Biomedical analysis of Siddhar kayakarpam – Inji thaen	European journal of Biomedical and pharmaceutical sciences Volume 11, issue 8,2024	O. S.Kayalvizhi	Dr.V.Mahalakshmi

24	Molecular docking studies of siddha medicine inji chooranam II on Anti hyperlipidemic activity	European journal of biomedical and pharmaceutical sciences Volume 12 ,August Issue 8 year 2025	C.Sowndarya	Dr.V.Mahalakshmi
25	Molecular docking studies of siddha medicine inji chooranam II on PCOS	European journal of biomedical and pharmaceutical sciences Volume 12 ,August Issue 8 year 2025	C.Sowndarya	Dr.V.Mahalakshmi
26	A cross sectional study on the practice of Siddhar yogam (Ogam) intervention by assistant siddha medical officers of government siddha wings in tirunelveli district, Tamilnadu	International Journal of current research in medical sciences Volume 11, Issue 7,year 2025	C.Sowndarya	Dr.V.Mahalakshmi
27	A cross-sectional study on the Practices of Siddhar yogam (Ogam) intervention by Assistant Siddha Medical Officers of Government Siddha wings in Tirunelveli district- Tamilnadu"	INTERNATIONAL JOURNAL OF CURRENT RESEARCH IN MEDICAL SCIENCES ISSN: 3107-3743 (Print), ISSN: 2454-5716 IJCRMS Journal, Volume: 11, Issue: 7, Year: 2025.	A.Safeeq Ahamed	Dr.V.Mahalakshmi

28	Knowledge, Attitude, and Practice of Siddhar Yogam Among Young Adults: A Cross Sectional Survey	International Journal of Recent Advances in Multidisciplinary Topics In volume 6, Issue 7,july 2025	J.S.Jerfin.	Dr.V.Mahalakshmi
29	Cross sectional study on awareness about siddhar yogam and it's benefits among senior secondary school students in Tirunelveli district	International Journal of pharmaceutical sciences review and research Volume 85,issue 7,2025	R.Rajesh	Dr.V.Mahalashmi
30	A DESCRIPTIVE STUDY OF DHRISTI SADHANA YOGA KRIYA IN THE MANAGEMENT OF MYOPIA _ A CASE SERIES .	EUROPEAN JOURNAL OF BIOMEDICAL AND PHARMACEUTICAL SCIENCES Volume 12, Issue 10,2025	M. PACKIA LAKSHMI	Dr.V.Mahalakshmi
31	FUNDAMENTALS AND PRINCIPLES OF SIDDHAR VASI YOGAM (YOGA KARPAM): A LITERATURE REVIEW"	WORLD JOURNAL OF PHARMACY AND PHARMACEUTICAL SCIENCES VOLUME 14, OCTOBER ISSUE 10	K.Sri Elamathi Devasena	Dr.V.Mahalakshmi

32	THERAPEUTIC EVALUATION OF SIDDHAR YOGIC MUDRAS (HAND GESTURES) FOR STRESS MANAGEMENT: A CASE SERIES	European Journal of Biomedical and pharmaceutical Sciences Volume 12, October Issue 10	K.Sri Elamathi Devasena	Dr.V.Mahalakshmi
33	HARNESSING SEMECARPUS ANACARDIUM FOR ANTI- CARCINOGENIC ACTIVITY IN PHYTO THERAPEUTIC PERSPECTIVE	WORLD JOURNAL OF PHARMACY AND PHARMACEUTICAL SCIENCES VOLUME 14, JULY ISSUE 7	K.Sri Elamathi Devasena	Dr.V.Mahalakshmi
34	THERAPEUTIC EVALUATION OF SIDDHAR YOGIC MUDRAS (HAND GESTURES) FOR STRESS MANAGEMENT: A CASE SERIES”	EUROPEAN JOURNAL OF BIOMEDICAL AND PHARMACEUTICAL SCIENCES Volume 12, October Issue 10	S.Sathish Kumar	Dr.V.Mahalakshmi
35	“FUNDAMENTALS AND PRINCIPLES OF SIDDHAR VASI YOGAM (YOGA KARPAM): A LITERATURE REVIEW”	WORLD JOURNAL OF PHARMACY AND PHARMACEUTICAL SCIENCES VOLUME 14, OCTOBER ISSUE 10	S.Sathish Kumar	Dr.V.Mahalakshmi

36	Effectiveness of Mayana thylam pattikattuthal(Bandage) in rheumatoid arthritis (Uthuravatha suronitham) – A case series of OPD,GSMCH, Palayamkottai	European journal of Biomedical and pharmaceutical sciences Volume 13,issue 5,2026	S.Sathish Kumar	Dr.V.Mahalakshmi
37	A review of therapeutic effectiveness of Milagai thylam in cephalgia based on pathartha guna vilakkam	European journal of Biomedical and pharmaceutical sciences Volume 13, issue 4,2026	S.Sathish Kumar	Dr.V.Mahalakshmi