

GOVERNMENT SIDDHA MEDICAL COLLEGE - PALAYAMKOTTAI, TIRUNELVELI

DEPARTMENT OF VARMA MARUTHUVAM, PURA MARUTHUVAM AND SIDDHAR YOGA MARUTHUVAM

PG – FIRST YEAR CBDC BATCH 1st SEMESTER TIME TABLE 2025-26 (NOV 25 TO MAY 26)

	7:30 AM TO 12 PM (OP & IP)	12-1 PM	2-3 PM	3-5 PM
MONDAY	Turn Duty Doctor	Biostatistics Dr. R. Krishna Moorthi	Practical Learning Dr. R. Vanamamalai	Experiential Learning Dr. R. Vanamamalai
TUESDAY	Turn Duty Doctor	Research Methodology Dr. R. Mansoor	Practical Learning Dr. M. Sankar Rama Subramanian	Experiential Learning Dr. M. Sankar Rama Subramanian
WEDNESDAY	Turn Duty Doctor	Biostatistics Dr. V. Maha Lakshmi	Practical Learning Dr. V. Maha Lakshmi	Experiential Learning Dr. V. Maha Lakshmi
THURSDAY	Turn Duty Doctor	Research Methodology Dr. R. Mansoor	Practical Learning Dr. S. Sujatha	Experiential Learning Dr. S. Sujatha
FRIDAY	Turn Duty Doctor	Research Methodology Dr. S. Sujatha	Practical Learning Dr. G. Ganesan	Experiential Learning Dr. G. Ganesan
SATURDAY	Turn Duty Doctor	Biostatistics Turn Duty Doctor	Library	
SUNDAY	Turn Duty Doctor	Department Activity		

GOVERNMENT SIDDHA MEDICAL COLLEGE, PALAYAMKOTTAI, TIRUNELVELI -627002

DEPARTMENT OF SIDDHAR YOGA MARUTHUVAM – PG FIRST YEAR (NOV 2024 -NOV 2025) - CBDC

Semester II – Time Table

Day	7:30 AM – 12 PM OP&IP	12 PM – 1 PM	1- 2PM	2 PM – 3 PM	3 PM – 5 PM
Monday	Dr. M.Sankara Rama Subramanian	Applied basics of Siddhar Yoga maruthuvam(M4, M5) Dr. M. Sankara Rama Subramanian	L U N C H B R E A K	Practical Training Dr.V.Mahalakshmi	Experiential Learning Dr.V.Mahalakshmi
Tuesday	Dr.V.Mahalakshmi	Applied basics of Siddhar Yoga maruthuvam (M1, M2) Dr.V.Mahalakshmi		Practical Training Dr.M.Sankara rama subramanian	Experiential Learning Dr.M.Sankara rama subramanian
Wednesday	Dr. M. Sankara Rama Subramanian	Applied basics of Siddhar Yoga maruthuvam(M6) Dr. M. Sankara Rama Subramanian		Practical Training Dr.V.Mahalakshmi	Experiential Learning Dr.V.Mahalakshmi
Thursday	Dr. V. Mahalakshmi / Dr. M. Sankara Rama Subramanian	Applied basics of Siddhar Yoga maruthuvam (M3, M7) Dr.V.Mahalakshmi/ Dr. M. Sankara Rama Subramanian		Practical Training Dr. V. Mahalakshmi / Dr.M.Sankara rama subramanian	Experiential Learning Dr.V.Mahalakshmi / Dr.M.Sankara rama subramanian
Friday	Dr.V.Mahalakshmi	Applied basics of Siddhar Yoga maruthuvam (M8) Dr.V.Mahalakshmi		Practical Training Dr.M.Sankara rama subramanian	Experiential Learning Dr.M.Sankara rama subramanian
Saturday	Rotational Staff Duty	Case Discussion		Library	Library
Sunday	Rotational staff duty	Departmental activity		Departmental activity	

Semester III – Time Table

Day	7:30 AM – 12 PM OP&IP	12 PM – 1 PM	1- 2PM	2 PM – 3 PM	3 PM – 5 PM
Monday	Dr. M.Sankara Rama Subramanian	Paper I (M1, M2) Dr. M. Sankara Rama Subramanian	L U N C H B R E A K	Practical Training Dr.V.Mahalakshmi	Experiential Learning Dr.V.Mahalakshmi
Tuesday	Dr.V.Mahalakshmi	Paper II (M9,M10) Dr.V.Mahalakshmi		Practical Training Dr.M.Sankara rama subramanian	Experiential Learning Dr.M.Sankara rama subramanian
Wednesday	Dr. M. Sankara Rama Subramanian	Paper IV (M25,M26) Dr. M. Sankara Rama Subramanian		Practical Training Dr.V.Mahalakshmi	Experiential Learning Dr.V.Mahalakshmi
Thursday	Dr. V. Mahalakshmi / Dr. M. Sankara Rama Subramanian	Paper I (M1, M2) Dr.V.Mahalakshmi/ Dr. M. Sankara Rama Subramanian		Practical Training Dr. V. Mahalakshmi / Dr.M.Sankara rama subramanian	Experiential Learning Dr.V.Mahalakshmi / Dr.M.Sankara rama subramanian
Friday	Dr.V.Mahalakshmi	Paper III (M17,M18) Dr.S.Madhavan		Practical Training Dr. S. Madhavan	Experiential Learning Dr. S. Madhavan
Saturday	Rotational Staff Duty	Case Discussion		Library	Library
Sunday	Rotational staff duty	Departmental activity		Departmental activity	

Papers

Paper I: Philosophy of Ula Udal Anma Thathuvam & Practice of Kaaya Karpam

Paper II: Principles and Practice of Siddhars Yogam

Paper III: Recent Advances in Contemporary Medicine

Paper IV: Therapeutic Siddhar Yogam

Semester IV – Time Table

Day	7:30 AM – 12 PM OP&IP	12 PM – 1 PM	1- 2PM	2 PM – 3 PM	3 PM – 5 PM
Monday	Dr. M.Sankara Rama Subramanian	Paper I (M3, M4) Dr. M. Sankara Rama Subramanian	L U N C H B R E A K	Practical Training Dr.V.Mahalakshmi	Experiential Learning Dr.V.Mahalakshmi
Tuesday	Dr.V.Mahalakshmi	Paper II (M11,M12) Dr.V.Mahalakshmi		Practical Training Dr.M.Sankara rama subramanian	Experiential Learning Dr.M.Sankara rama subramanian
Wednesday	Dr. M. Sankara Rama Subramanian	Paper IV (M27,M28) Dr. M. Sankara Rama Subramanian		Practical Training Dr.V.Mahalakshmi	Experiential Learning Dr.V.Mahalakshmi
Thursday	Dr. V. Mahalakshmi / Dr. M. Sankara Rama Subramanian	Paper I (M3, M4) Dr.V.Mahalakshmi/ Dr. M. Sankara Rama Subramanian		Practical Training Dr. V. Mahalakshmi / Dr.M.Sankara rama subramanian	Experiential Learning Dr.V.Mahalakshmi / Dr.M.Sankara rama subramanian
Friday	Dr.V.Mahalakshmi	Paper III (M19,M20) Dr.S.Madhavan		Practical Training Dr. S. Madhavan	Experiential Learning Dr. S. Madhavan
Saturday	Rotational Staff Duty	Case Discussion		Library	Library
Sunday	Rotational staff duty	Departmental activity		Departmental activity	

Papers

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DEPARTMENT OF SIDDHAR YOGA MARUTHUVAM - TIME TABLE - M.D(S) III YEAR(Dec 2025_ Dec 2026)- NON CBDC

DAY	OPD/IPD(7.30am-12.00pm)	12-1PM	1-2PM	2-3PM	3-4PM	4-5PM
MONDAY	Dr M. Sankara Rama Subramanian MD(S)	PAPER III (Drs. Madhavan MD)		PAPER I (Dr. V. Maha Lakshmi MD s)	PAPER II (Dr. V. Maha Lakshmi MD s)	PAPER IV (Dr. V. Maha Lakshmi MD s)
TUESDAY	Dr. V. Maha Lakshmi MD (s)	PAPER 1. (Dr. V. Maha Lakshmi MD s)		PAPER II (Dr. V. Maha Lakshmi MD s)	PAPER IV (Dr M. SankaraRamaSubramanian MD(S))	PAPER III. (Drs. S. Madhavan MD)
WEDNESDAY	Dr M. Sankara Rama Subramanian MD(S)	PAPER III (Drs. Madhavan MD)	Lunch break	PAPER I (Dr. V. Maha Lakshmi MD s)	PAPER IV (Dr. V. Maha Lakshmi MD s)	PAPER II (Dr. V. Maha Lakshmi MD s)
THURSDAY	Dr M. Sankara Rama Subramanian MD(S)/Dr. V. Maha Lakshmi MD (s)	PAPER 1 (Dr. V. Maha Lakshmi MD s)		PAPER III (Dr. S. Madhavan MD)	PAPER II (Dr. V. Maha Lakshmi MD s)	PAPER IV (Dr. V. Maha Lakshmi MD s)
FRIDAY	Dr. V. Maha Lakshmi MD (s)	PAPER III (Drs. S. Madhavan MD)		PAPER II (Dr. V. Maha Lakshmi MD s)	PAPER IV (Dr M. Sankara Rama Subramanian MD(S))	PAPER I (Dr. V. Maha Lakshmi MD s)
SATURDAY	Rotational Staff Duty	Research Discussion		LIBRARY		
SUNDAY	Rotational Staff Duty	Research Discussion		DEPARTMENTAL ACTIVITIES		

PAPER I : KAAYA KARAPAM AND ULA UDAL ANMA THATHUVAM

PAPER II : PRINCIPAL AND PRACTICE OF SIDDHAR YOGAM

PAPER III : PRINCIPAL AND PRACTICE OF MODERN MEDICINE

PAPER IV: THERAPEUTIC SIDDHAR YOGAM