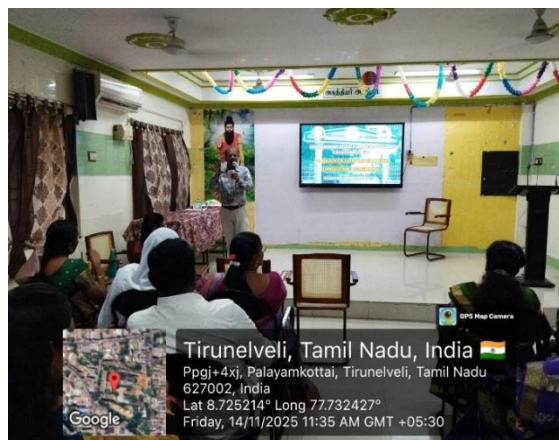


## PG ORIENTATION PROGRAM REPORT

### ACADEMIC YEAR 2025-26

#### Day 1 (14.11.2025)

**10 am – 1 pm** The PG orientation program for the academic year 2025-26 commenced with a grand inauguration ceremony organized by Dr S. Sujatha, Dr Chenthamarai Selvi, Dr Balamani, Dr Varadharajan and Dr Aruna. The event was presided over by the Principal (FAC) Dr. N. Venkatappan, Vice Principal Dr. Sundarrajan and RMO Dr. Ganesh Babu. Dr. S. Sujatha, Professor delivered the welcome address. Principal (FAC) Dr. N. Venkatappan gave the presidential address, detailing the origin and history of the institution and achievements of the institution. He also gave an overview of the PG curriculum. Vice Principal Dr. Sundarrajan and RMO Dr. Ganesh Babu delivered the felicitation address. Senior students provided opinions about the college. Finally, Dr. S. Balamani, delivered the vote of thanks.





**2pm- 5pm** A pre-test was conducted for all newly admitted PG scholars. The newly admitted PG scholars gave a brief self-introduction, and corresponding department representatives were selected.



## Day 2 (17.11.2025)

**10 am – 12 pm** The second day of the orientation program was initiated by Dr. J. Sriram Lecturer, Department of Pediatrics. He delivered the Pediatrics Departmental Introduction and gave a detailed overview of Siddha Pediatrics Emergency Management.

**12 pm - 1pm** Following this, Lecturer Dr. Balamurugan from the Department of Noinadal delivered the Noinadal Department Introduction and also elaborated on the CBDC curriculum.



**2 pm – 5 pm** For the afternoon session, all postgraduate scholars were divided into three batches for departmental visits. Batch A included Gunapadam Marunthiyal and Marunthakaviyal and Pothu Maruthuvam, Batch B included Nanju Maruthuvam and Noinaadal, and Batch C included Siddhar Yoga Maruthuvam, Varma Maruthuvam, Pura Maruthuvam and Kuzhanthai Maruthuvam.

Departmental visits were made to the departments of Pediatrics, Medicinal Botany, and Pathology.





### Day 3 (18.11.2025)

**10 am – 12 pm** The third day of the orientation program commenced with a presentation by RMO Dr. Ganesh Babu, focusing on hospital SOP's and various components of the college campus and hospital.

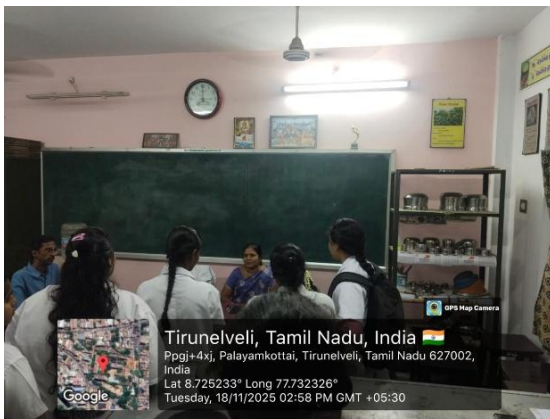
**12 pm – 1 pm** The subsequent session featured Dr. G. Esakky pandian, Vice Principal and HOD of the Marunthakaviyal Department, who provided Marunthakaviyal Departmental Introduction.



### 2 pm – 5 pm

In the afternoon session, departmental visits were made to the Departments of Marunthiyal, Marunthakaviyal, Biochemistry, Nanju Maruthuvam.

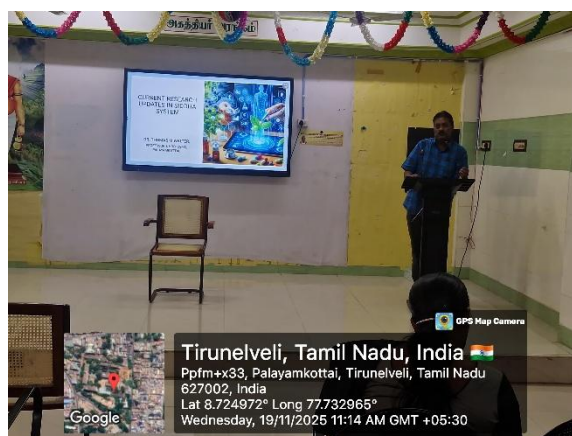
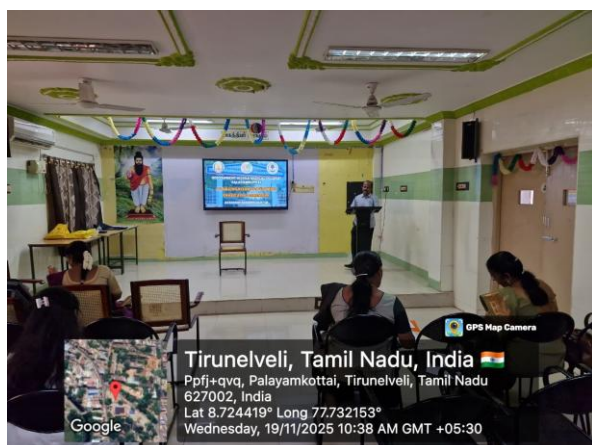




## Day 4 (19.11.2025)

**10 am – 11 am** Day 4 of the orientation program began with Dr. Justus Antony, Professor and HOD of Pothu Maruthuvam. He gave the Pothu Maruthuvam departmental Introduction.

**11 am – 1 pm** The next session was elaborated by Dr. Thomas M. Walter, Professor and HOD of Physiology Department focusing on seminar presentation, journal presentation and clinical case presentation.



**2 pm – 5 pm** In the afternoon session, RMO Dr. Ganesh Babu, Dr. Sujatha, and Dr. Varadharajan took the PG scholars to the OP ward and IP ward. They explained the special OPs conducted in the OP ward and the PG scholars were shown all the IP wards across all departments and the college's functioning laboratory.





## Day 5 (20.11.2025)

**10 am – 11.30 am** In the morning session, Assistant Professor Sivarama Krishnan from the English Department at Rani Anna Arts College spoke on communicative skills, critical thinking, problem solving skills, soft skills, empathy, conduct, confidence, personal growth, speaking in public, building healthy relationships for the medical profession. He also focused on self learning, collaborative learning and lifelong learning strategies and team building activities.

**11.30 am – 1 pm** The next session was led by Dr. Pitchaiyakumar, former state licensing authority and medical officer of the pharmacy section. An elaborate talk on Drug Licensing , Regulations and Acts was delivered.



**2 pm – 5 pm** In the afternoon session, the postgraduate scholars visited the pharmacy section located within the college premises. Dr. Sulfin Nihar Superintendent of the pharmacy elucidated the various types of machinery employed in pharmaceutical production and presented the range of medicines formulated therein. Additionally, the postgraduate scholars were shown various raw drugs available there. Finally the quality control section of the pharmacy was also visited.



## Day 6 (21.11.2025)

**10 am – 11 am** The Day 6 morning session began with Dr. Raja Shankar, founder of Cure Siddha Clinic. A motivation talk was delivered by the clinician.

**11 am – 1 pm** The next session was led by Dr. Sudha, Professor and HOD of the Medicinal Botany Department. She gave the Departmental Introduction and provided a detailed overview of pharmacognosy.



## 2 pm – 5 pm

In the afternoon session, the PG scholars were divided into three batches and visited the Departments of Anatomy, Physiology and Pothu Maruthuvam.





## Day 7 (24.11.2025)

**10 am – 12 pm** The morning session commenced with Dr. Harihara Mahadevan, Research Officer, Siddha Clinical Research Unit, Palayamkottai, who gave an introduction to research organizations and elucidated the various governmental initiatives under the Ayushman Bharat Digital Mission, Heal by India and Heal in India, Health Insurance for Ayush and Ayush Visa.

**12 pm - 1pm** The subsequent session featured Dr. Shyamala, Lecturer from the Department of Pediatrics. She detailed the roles and regulations of the campus, workplace ethics and manners. She further articulated the institutional official's hierarchy and their roles and responsibilities.



**2pm – 5 pm** In the afternoon, the PG scholars visited the departments of Pura Maruthuvam, Yoga Maruthuvam, and Varma Maruthuvam.



## Day 8 (25.11.2025)

**10 am – 12 pm** The morning session on day eight commenced with Lecturer Dr. Aruna from the Department of Varmam ,Pura maruthuvam and Sirappu maruthuvam who delivered a talk on external therapies.

**12 pm– 1 pm** In the following session, students meditated in the Thirumoolar Meditation Hall. Dr. Mahalakshmi, Head of the Yoga Department, gave the Yoga Maruthuvam Departmental Introduction. She also focused on the topic "The Art of Conscious Living and Fitness and Hygiene through Siddhar Yogam" and "Siddhar Yogam for Stress Management" and guided the PG scholars through relaxation techniques.



**2 pm – 5 pm** During the afternoon session, the P.G. scholars visited the herbal garden. Dr. Rajesh from the Department of Medicinal Botany guided them in identifying various herbal plants and discussed their uses.



## Day 9 (26.11.2025)

**10 am – 12 pm** The day nine morning session was led by Dr. G. Subhash Chandran, Reader from the Department of Pothu Maruthuvam on the topic “Podium Manners Mastering the Art of Effective Presentation”

**12 pm – 2 pm** The next session was led by SI Muthukumar, SI Kalai Santhana Mari, Venkatraman from the social media wing of the cybercrime unit, and Pecthimuthu. They gave awareness on women’s safety and provided toll-free numbers for women and children's support, and for a 'Drug-Free Tamil Nadu' initiative. Through video presentations, they explained how people are being deceived and raised awareness. They also spoke about the Kaaval Uthavi app, which is useful for assistance during emergencies.

**3 pm – 5 pm** The afternoon session was a motivational talk by entrepreneur Dr Jeyavenkatesh, founder of Kohila Siddha Hospital and Research Center. He presented on various fields within Siddha, its clinical establishment and the scope of its services.

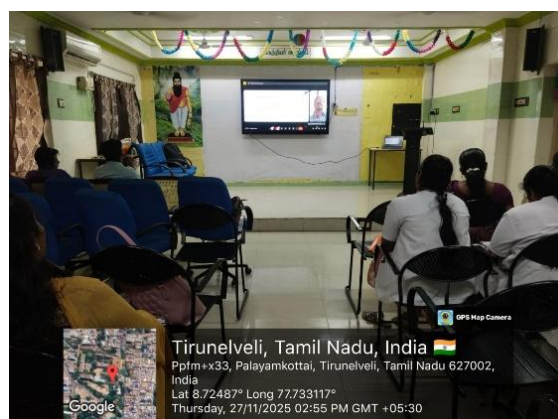
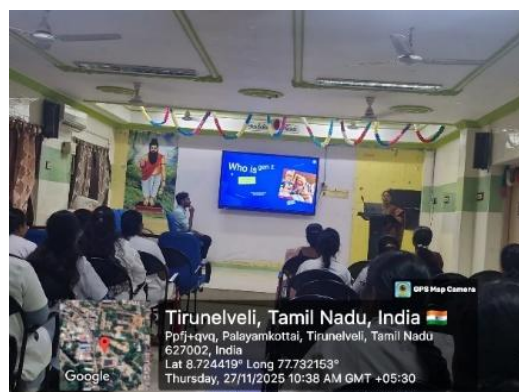


## Day 10 (27.11.2025)

**10am – 12 pm** The morning session was led by Dr. A. Latha, Assistant Professor from the Department of English, St. Xavier's College. She explained time management to the PG scholars, addressing their strengths and weaknesses. She also spoke about dream building and goal setting.

**12 pm – 2 pm** The next session was led by Doctor Mansura, MBBS, MD Pharmacology. She explained in detail about Good Clinical Practice, Good Laboratory Practice and about NABH and NABL accreditation.

**3 pm – 5 pm** The afternoon session was a motivational talk led by clinician Dr. Mamallan, Assistant Medical Officer from Virudhunagar district. He explained his pharmacological and clinical experiences in Siddha.



## Day 11 (28.11.2025)

**10 am – 12 pm** The morning session was led by Dr. S. Sasirekha, Associate Professor in the Department of Computer Science at Rani Anna Government College, Tirunelveli. She delivered a lecture on Computer Basics and demonstrated how to use Microsoft Office and also focused about internet browsing, emails management, safety apps, language software, editing and formatting software and digilocker. She also gave an introduction about HIMS.

**12 pm - 1pm** The next session was led by Dr. G. Essakypandian, Professor and HOD of Marunthakaviyal. He described the councils and committees present within the institution and explained their activities.



**2 pm – 3 pm** The afternoon session was led by Dr. Sulfin Nihar, Professor and HOD of Nanju Maruthuvam who gave a very detailed departmental introduction to Nanju Maruthuvam.

**3 pm – 5 pm** This was followed by a session by Lecturer Dr. Antony Duraichi, Department of Marunthakaviyal who spoke about the rights and responsibilities of a PG scholar.



## Day 12 (01.12.2025)

**10 am – 11 am** The morning session commenced with an departmental introduction to Varma maruthuvam by Lecturer Dr Vanamamalai, encompassing its historical background.

**11 am – 1 pm** The next session was led by Dr M. Kalaivanan from the Department of Pharmacology. He explained in detail about using experimental animals for preclinical studies.

**2 pm – 4 pm** The afternoon session was led by Dr. Sulfin Nihar, Coordinator of the Peripheral Pharmacovigilance Centre . She provided an outline of the Pharmacovigilance Centre. This was followed by Dr. Kavitha, a Junior Research Fellow, who explained in detail about its history, progress, aim, scope, and the need for the Pharmacovigilance Centre, focusing on patient safety.

**4 pm – 5 pm** The next session was led by Dr. Venkatappan, Principal FAC at Government Siddha Medical College, Palayamkottai. He detailed the memorandum of understanding and emphasized its scope in education and research .



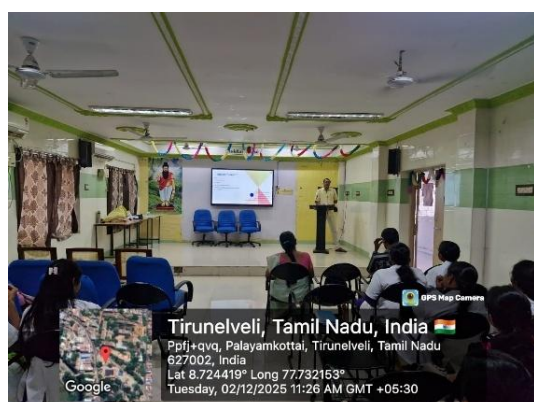
## Day 13 (02.12.2025)

**10 am – 11 am** This morning session started with Dr. S. Sujatha, Professor and HOD of Pura Maruthuvam. She gave a detailed departmental introduction to Pura Maruthuvam.

**11 am – 12 pm** The next session was led by Mr. Balu, Junior Administrative Officer of Government Siddha Medical College, Palayamkottai. He explained the leave policies and medical care availing policy.

**12 pm – 1 pm** This was followed by a session led by the college librarian, Mr. Mariyappa Swamy. He explained the types and total number of books available in the library. He also explained about the digital library, e-books and their functioning.

**2 pm – 5 pm** The afternoon session was a motivational talk by Professor Dr. S. Balaji from Maria Siddha Medical College, Thiruvattar. He detailed and explained the methods of health research in Siddha and also focused on how to write a scientific manuscript.



## Day 14 (03.12.2025)

**10 am – 12 pm** The morning session was led by Mrs. Sabeena, Associate Professor in the Department of Computer Science from Tirunelveli Engineering College, Anna University campus. She demonstrated how to use PowerPoint and poster making using Canva app and explained the importance of digitalizing Siddha books and palm leaf manuscripts (Olaichuvadi).

**12 pm – 1 pm** The next session was led by research officer Dr. Rathnamala from CCRS Chennai, located at the National Institute of Siddha campus. She provided detailed information about the functions of CCRS, explained about Central Research Facility and Quality Testing Laboratory .

**2 pm – 4 pm** The afternoon session was a motivational talk led by Former RMO Dr Ramasamy.

**4 pm – 5 pm** In this session the PG scholars visited the college's functioning Library.



### Day 15 (04.12.2025)

**10 am – 1 pm** In the morning session, the postgraduate scholars visited the animal studies lab at the college, where Dr. V.Ramakrishnan, Assistant Professor, delivered a speech on animal handling guidelines; Dr. K.Priya, Assistant Professor, presented on research scopes in animal studies; and Dr. S. Sakthikarthikeyan, Assistant Professor, assisted the students during the laboratory visit.

**2 pm – 3 pm** In the afternoon session a talent show was conducted where the PG scholars showcased their talents.

**3 pm – 4 pm** Feedback was obtained from the PG scholars and a post-test was conducted.

**4 pm – 5 pm** A valedictory function was held, presided over by Dr K Malliga, Principal at Government Siddha Medical College, Palayamkottai. The welcome address was given by Professor Dr S Sujatha and the event concluded with a vote of thanks by Lecturer Dr Chenthamarai Selvi.





