

PG- DEPARTMENT OF PURA MARUTHUVAM

RESEARCH PUBLICATIONS FROM DEPT. OF PURA MARUTHUVAM (FROM 2018)

S. No	Research paper	Journal name	Publication/ Presentation	PG Scholar	Guide / Coguide
1	A DESCRIPTIVE STUDY OF ON ETIOLOGY FACTORS OF PEENISAM(SINUSITIS)AMONG PATIENTS ATTENDING OPD IN GSMC PALAYAMKOTTAI	International Journal of Development Research	Volume 9, Issue10, pg. no: 4-10 September-2019	R. Tamila	Dr. G. Ganesan
2	A LITERATURE REVIEW ON NAASIKAPARANAM IN SIDDHA SYSTEM OF MEDICINE	International Journal of Development Research		P.Silambarasu	Dr. G. Ganesan
3	A LITERATURE REVIEW ON SEELAI (MEDICATED GAUZE) IN SIDDHA SYSTEM OF MEDICINE	International Journal of Reverse Pharmacology and Health Research	Volume 5, Issue 1, Jan-Mar 2022	K. Pavithra	Dr. M. Ahmed Mohideen
4	BIOCHEMICAL ANALYSISOF SIDDHA MONOHERBAL DRUG SADAMANJIL CHOORANAM	International Journal of Recent Advances in Multidisciplinary Topics	Volume 3, Issue 3, Mar 2022	K. Pavithra	Dr. M. Ahmed Mohideen
5	A LITERATURE REVIEW ON PUGAI (FUMIGATION) IN SIDDHA SYSTEM OF MEDICINE	International Journal of Reverse Pharmacology and Health Research	Volume 5, Issue 1, Jan-Mar 2022	M.F. Muhammad Hafeez	Dr. G. Ganesan

6	PODI THIMIRDHAL AN EXTERNAL THERAPY IN SIDDHA SYSTEM OF MEDICINE- A LITERATURE REVIEW	World Journal of Pharmacy and Pharmaceutical Sciences	Volume 11, Issue 4, Mar 2022	K. Aathifa Anjum	Dr. M. Ahmed Mohideen
7	COMPARATIVE CLINICAL STUDY ON NARAMBU KIRANTHI (VARICOSE VEINS) USING PODI THIMIRTHAL A SIDDHA EXTERNAL THERAPY WITH CONVENTIONAL ELASTIC STOCKINGS	World Journal of Pharmacy and Pharmaceutical Sciences	Volume 11, Issue 4, Mar 2022	K. Aathifa Anjum	Dr. M. Ahmed Mohideen
8	A LITERATURE REVIEW ON MAI (MEDICATED EYE SLAVE)- AN EXTERNAL THERAPY IN SIDDHA SYSTEM OF MEDICINE	International Journal of Recent Advances in Multidisciplinary Topics	Volume 4, Issue 4, April 2023	C. Rukmani	Dr. M. Ahmed Mohideen
9	A LITERATURE REVIEW ON PODI (MEDICATED POWDER)- AN EXTERNAL THERAPY IN SIDDHA SYSTEM OF MEDICINE	International Journal of Recent Advances in Multidisciplinary Topics	Volume 4, Issue 4, April 2023	M. Chakkaravarthi	Dr. M. Ahmed Mohideen
10	MANAGEMENT OF THOOKKAMINAI(INSOMNIA) THROUGH PIDITHAL MURAI THOKKANAM (MASSAGE MANIPULATION WITH LAGUVIDAMUTI THAILAM-A SIDDHA MEDICINE CASE REPORT	International Journal of Recent Advances in Multidisciplinary Topics	Volume 4, Issue 4, April 2023	G. Mohana Krishnan	Dr. G. Ganesan

11	ANTI MICROBIAL ACTIVITY AND A LITERATURE REVIEW ON SIDDHA FORMULATION OF KARA SEELAI (EXTERNAL MEDICINE) IN THE MANAGEMENT OF VIRANAM (SKIN ULCER)	World Journal of Pharmacy and Pharmaceutical Sciences	Volume 13, August Issue 8	R. Supriya	Dr. G. Ganesan
12	A LITERATURE REVIEW ON PANCHAKARPA CHOORANAM-AN EXTERNAL MEDICINAL FORMULATION	World Journal of Pharmacy and Pharmaceutical Sciences	Volume 13, August Issue 8	R. Shanmu	Dr. G. Ganesan
13	DESCRIPTIVE STUDY OF ELUMBU MURIVU MARUTHUVAM (BONE SETTING METHODS) PRACTICED BY TRADITIONAL BONE SETTERS IN VELLORE DISTRICT, TAMIL NADU			A. Aswath Shaager	Dr.G. Ganesan
14	DOCUMENTATION OF TRADITIONAL EXTERNAL MEDICATIONS AND THERAPIES FOR RHEUMATISM AMONG KAANI TRIBALS IN TIRUNELVELI: AN ETHNOGRAPHIC STUDY			G. Mohana Krishnan	Dr. S. Sujatha
15	BIOCHEMICAL ANALYSIS OF SIDDHA HERBAL DRUG FORMULATION KALVAZHAI KATTU CHOORANAM.	European journal of biomedical and Pharmaceutical sciences	Volume 12, September Issue 9	R. Anand	

16	IN VITRO EVALUATION OF SIDDHA-BASED RANANGALUKKU MEZHUGU KALIMBU (RMK) FOR ACCELERATED WOUND HEALING USING HUMAN DERMAL FIBROBLASTS	European journal of biomedical and Pharmaceutical sciences	Volume 12, September Issue 9	T. Dhinakaran	
17	IN VITRO CYTOTOXICITY STUDY OF KOWSIKAR KULAMBU- A SIDDHA FORMULATION	European journal of biomedical and Pharmaceutical sciences	Volume 12, October Issue 10	S. Dheivani	
18	SIGNIFICANT ROLE OF OODHAL (MEDICATED BLOWING) IN EMERGENCY MANAGEMENT- A REVIEW	European journal of biomedical and Pharmaceutical sciences	Volume 12, September Issue 9	S. Dheivani	
19	EFFECTIVENESS OF MAYANA THYLAM PATTIKATTUTHAL (BANDAGE) IN RHEUMATOID ARTHRITIS (UTHIRAVATHA SURONITHAM)-A CASE SERIES OF OPD, GSMCH, PALAYAMKOTTAI"	European journal of biomedical and Pharmaceutical sciences	Volume 13, May Issue 5	A. Pushpalatha	Dr.S.Sujatha
20	A REVIEW ON THE THERAPEUTIC EFFECTIVENESS OF MILAGAI THAILAMIN CEPHALGIA BASED ON PATHARTHA GUNA VILAKAM"	European journal of biomedical and Pharmaceutical sciences	Volume 13, April Issue 4	A. Pushpalatha	Dr.S.Sujatha

DISSERTATION TOPICS FROM DEPT. OF PURA MARUTHUVAM (FROM 2020)

S.N O	BATCH	NAME	TOPIC	GUIDE / CO-GUIDE
1	OCT 2020	Dr. M. ALEX PANDIAN	AN OPEN LABELLED NON-RANDOMISED PHASE II COMPARITIVE CLINICAL TRIAL TO EVALUATE THE CLINICAL EFFICACY OF OTTRADAM (EXTERNAL THERAPY) WITH “AMMAIYAR KOONTHAL CHOORANAM” (INTERNAL) IN THANDAGA VATHAM (LUMBAR SPONDYLOSIS)	Dr.M.AHMED MOHIDEEN
2	OCT 2020	Dr. R. DAVID BHASKA R	AN OPEN LABELLED NON-RANDOMISED PHASE II COMPARITIVE CLINICAL TRIAL TO EVALUATE THE CLINICAL EFFICAY OF THOKKANAM – PIDITHAL MURAI (EXTERNAL THERAPY) WITH YERANDAI THYLAM (EXTERNAL) AND KODIVELI CHOORANAM (INTERNAL) IN PATCHA VATHAM (HEMIPLEGIA)	Dr.M.AHMED MOHIDEEN
3	OCT 2020	Dr. B. KARUPP ANNAN	AN OPEN LABELED NON-RANDOMIZED COMPARATIVE PHASE II CLINICAL STUDY OF POTTANAM AS EXTERNAL THERAPY AND AAYIL PATTAI CHOORANAM (INTERNAL) IN THE TREATMENT OF CEGANAVATHAM (CERVICAL SPONDYLOSIS).	Dr.M.AHMED MOHIDEEN
4	OCT 2020	Dr. M. MOHAM MED FIZEL	AN OPEN LABELLED NON-RANDOMIZED PHASE II-COMPARATIVE CLINICAL TRIAL TO EVALUATE THE THERAPEUTIC EFFICACY OF KEELVATHATHIRKU PATTRU [EXTERNAL THERAPY] AND KEELVAYU NIVARANA CHOORANAM [INTERNAL] IN AZHAL KEEL VAYU [OSTEOARTHRITIS]	Dr.M.AHMED MOHIDEEN
5	OCT 2021	Dr. V. TAMILA	AN OPEN LABELLED DOUBLE ARM NON- RANDOMIZED PHASE II CLINICAL TRIAL TO EVALUATE THE THERAPEUTIC EFFICACY OF OTTRADAM (EXTERNAL THERAPY)	Dr.M.AHMED MOHIDEEN

			WITH KETHAGI THAILAM (EXTERNAL) AND PERARATHAI CHOORANAM (INTERNAL) IN THE MANAGEMENT OF CEGANA VATHAM (CERVICAL SPONDYLOSIS)	
6	OCT 2022	Dr. K. AATHIFA ANJUM	COMPARATIVE CLINICAL STUDY ON NARAMBU KIRANTHI (VARICOSE VEINS) USING PODI THIMIRDHAL, A SIDDHA EXTERNAL THERAPY WITH CONVENTIONAL ELASTIC STOCKINGS	Dr.M.AHMED MOHIDEEN
7	OCT 2022	Dr. M. F. MUHAM MAD HAFEEZ	A CLINICAL STUDY TO EVALUATE THE THERAPEUTIC EFFICACY OF THENGAAI THURUVAL OTTRADAM IN THE MANAGEMENT OF CEGANAVATHAM (CERVICAL SPONDYLOSIS)	Dr.M.AHMED MOHIDEEN
8	OCT 2022	Dr. K. PAVITHRA	A CLINICAL STUDY TO EVALUATE THE EFFICACY OF ILAIKALLI ILAI PUGAI IN THE TREATMENT OF PURAMOOLAM	Dr.M.AHMED MOHIDEEN
9	OCT 2022	Dr. P. SILAMBA RASU	AN OPEN LABELLED CLINICAL STUDY TO EVALUATE THE THERAPEUTIC EFFICACY OF THOKKANAM [PIDITHAL MURAI] – AN EXTERNAL THERAPY USING NATHAI CHOORI ENNAI (EXTERNAL) IN THE MANAGEMENT OF THANDAGA VATHAM [LUMBAR SPONDYLOSIS]	Dr.G.GANESAN
10	OCT 2023	Dr. M. CHAKKA RAVARTHI	AN OPEN LABELLED CLINICAL STUDY TO EVALUATE THE THERAPEUTIC EFFICACY OF PALAGARAI POOCHU [EXTERNAL THERAPY] IN THE MANAGEMENT OF PADARTHAMARAI [PUNDAREGA KUTTAM].	Dr.M.AHMED MOHIDEEN
11	OCT 2023	Dr. G. MOHANA KRISHNA N	AN OPEN LABELLED CLINICAL STUDY TO EVALUATE THE THERAPEUTIC EFFICACY OF THOKKANAM [IZHUTHAL MURAI]- AN EXTERNAL THERAPY USING VATHA NOIKKU ENNAI [EXTERNAL] IN THE MANAGEMENT OF CEGANA VATHAM [CERVICAL SPONDYLOSIS].	Dr.G.GANESAN
12	OCT 2023	Dr. C. RUKMAN I	AN OPEN LABELLED CLINICAL STUDY TO EVALUATE THE THERAPEUTIC EFFICACY OF PUGAI –AN EXTERNAL THERAPY USING MOKKUTHIRI IN THE MANAGEMENT OF PEENISAM [SINUSITIS].	Dr.M.AHMED MOHIDEEN

13	DEC 2024	Dr. A. ASWADH SHAAGE R	AN OPEN LABELLED NON-RANDOMIZED PHASE II CLINICAL TRIAL TO EVALUATE THE THERAPEUTIC EFFICACY OF NASIYAM-AN EXTERNAL THERAPY USING VAZHAI NASIYA NEER IN THE MANAGEMENT OF NASEKAPEEDAM [NASAL POLYP].	Dr.S.SUJATHA
14	DEC 2024	Dr. R. SHANMU	AN OPEN LABELLED NON-RANDOMIZED PHASE II CLINICAL TRIAL TO EVALUATE EFFICACY OF ATTAIVIDAL [LEECH THERAPY IN SIDDHA EXTERNAL THERAPY] IN THE MANAGEMENT OF AZHAL KEEL VAYU [OSTEOARTHRITIS].	Dr.G.GANESAN
15	DEC 2024	Dr. R. SUPRIYA	AN OPEN LABELLED NON-RANDOMIZED PHASE II CLINICAL TRIAL TO EVALUATE EFFICACY OF KARASEELAI [EXTERNAL THERAPY] IN THE MANAGEMENT OF VIRANAM [SKIN ULCER].	Dr.S.SUJATHA
16	NOV 2025	Dr. R. ANAND	AN OPEN LABELLED NON-RANDOMIZED PHASE II CLINICAL TRIAL, TO EVALUATE THE EFFECTIVENESS OF KALVAAZHAI KATTU (BANDAGE IN SIDDHA EXTERNAL THERAPY) IN THE MANAGEMENT OF AZHAL KEEL VAYU (OSTEOARTHRITIS OF KNEE JOINT)	Dr.G.GANESAN
17	NOV 2025	Dr. S. DHEIVAN I	AN OPEN LABELLED NON-RANDOMIZED PHASE II CLINICAL TRIAL TO EVALUATE THE EFFECTIVENESS OF KOWSIKAR KULAMBU PUGAI (EXTERNAL THERAPY) IN THE MANAGEMENT OF VELI MOOLAM (EXTERNAL HAEMORRHOID)	Dr.S.SUJATHA
18	NOV 2025	Dr. T. DHINAK ARAN	AN OPEN LABELLED NON-RANDOMIZED PHASE II CLINICAL TRIAL TO EVALUATE THE EFFECTIVENESS OF MEZHUGU KALIMBU (EXTERNAL THERAPY) IN THE MANAGEMENT OF NARAMBU KIRANTHI (VARICOSE ULCER	Dr.S.SUJATHA

19	ONGOIN G 2026	Dr. R. MEENA	AN OPEN LABELLED NON-RANDOMIZED PHASE II CLINICAL TRIAL TO EVALUATE THE THERAPEUTIC EFFECTIVENESS OF NASIYAM (AN EXTERNAL THERAPY) USING AATHONDAI NASIYA THYLAM IN THE MANAGEMENT OF PEENISAM	Dr.G.GANESAN
20	ONGOIN G 2026	Dr. A. PUSHPAL ATHA	AN OPEN LABELED NON-RANDOMIZED CLINICAL TRIAL TO EVALUATE THE EFFECTIVENESS OF SAGALAVAYU OTTRADAM (EXTERNAL THERAPY) IN THE MANAGEMENT OF CEGANA VATHAM (CERVICAL SPONDYLOSIS	Dr.S.SUJATHA
21	ONGOIN G 2026	Dr. G. THURAIP RASATH	AN OPEN LABELLED NON-RANDOMIZED PHASE II CLINICAL TRIAL TO EVALUATE THE THERAPEUTIC EFFECTIVENESS OF THOKKANAM [THATTAL, AZHUTTHAL AND IZHUTTHAL MURAI] USING VATHA ENNAI (EXTERNAL) IN THE MANAGEMENT OF THANDAGA VATHAM [LUMBAR SPONDYLOSIS]	Dr.S.SUJATHA

MINOR PROJECT FROM DEPT. OF PURA MARUTHUVAM (FROM 2019)

S.NO	BATCH	NAME	TOPIC
1	2019 -2021	Dr.G.Sagaya shemina joice	A Literature review on kattu(Bandage) in siddha system of medicine .
2	2020 - 2022	Dr.K.Aathifa Anjum	Podithimiruthal, an external therapy in siddha system of medicine – A Literature Review.
3	2020 - 2022	Dr.M.F.Muhammad Hafeez	A Literature review on Pugai [Fumigation] in siddha system of medicine.
4	2020 - 2022	Dr.K.Pavithra	A literature review on seelai [Medicated gauze] in siddha system of medicine.
5	2020 - 2022	Dr.P.Silambarasan	A Literature review on Nasikabaranam [Nasal insufflation] in siddha system of medicine.
6	2021- 2024	Dr.M.Chakkaravarthi	A literature review on Podi [Medicated powder] –

			an external therapy in siddha system of medicine.
7	2021 - 2024	Dr.G.Mohana Krishnan	A Literature review on kalimbu (ointment application) an external therapy in siddha system of medicine .
8	2021 -2024	Dr.C.Rukmani	A Literature review on mai [Medicated eye salve] an external therapy siddha system of medicine.
9	2022 -2025	Dr.A.Aswadh Shaager	Documentation of bone setting methods practical by traditional bone setters in vellore district.
10	2022 -2025	Dr.R.Shanmu	A literature review on Panchakarpa chooranam – an external medicinal formulation.
11	2022 -2025	Dr.R.Supriya	Effectiveness of chukku [zingiber officinale] patru in mootu veekam [swollen joint]- A case series.
12	2023 - 2026	Dr.R.Anand	Ethnomedicinal practices of puramaruthuvam among Kanikkar tribals of pechiparai,Kanyakumari district,Tamilnadu- A cross sectional survey.
13	2023 -2026	Dr.S.Dheivani	A literature review on Oodhal[Blowing].
14	2023- 2026	Dr.T.Dhinakaran	A descriptive study on practice of thokkanam among siddha practitioners in tirunelveli and Kanyakumari district.
15	2023 - 2026	Dr.R.Meena	A literature review on Siddha Medicines which are mentioned as both Internal and External Medicines in Siddha Classic Literatures.
16	2023 - 2026	Dr.A.Pushpalatha	Effectiveness of Mayana Thylam Pattikattuthal (Bandage) In Rheumatoid Arthritis (Uthiravatha suronitham)-a case series of OPD, GSMCH, Palayamkottai
17	2023 - 2026	Dr.G.Thuraiprasath	Documentation of clinical) of siddha therapeutic procedure peechu (douche application) among siddha practitioners in southern districts of tamil nadu

