

DEPARTMENT OF VARMAM AND SIRAPPU MARUTHUVAM



SPECIAL OP:

EVERY THURSDAY – GERIATRIC CARE – ALZHEIMER’S DISEASES

MEDICINE GIVEN : VALLARAI TABLET

CONSULTANTS :

1. DR.R.KRISHNAMOORRTHY

- HOD – VSPM UG & VARMAM – PG

2.DR. S. ARUNA

- LECTURER

3.DR.S.CHITRA

- LECTURER

4.DR.R.VANAMAMAALAI

- LECTURER GRADE II

OP TIMINGS:

7:30 A.M -12.00 P.M

PATIENT SERVICES:

TREATING DISEASES :

1. Musculoskeletal diseases
2. Neurological disorders
3. Nerve injuries
4. Fracture and ligament injuries
5. Anxiety , Insomnia, Headache
6. Respiratory diseases

VARMAM THERAPIES AND TREATMENT MODALITIES :

Various varmam therapies are followed among these commonly practiced procedures include

1. VARMA THADAVAL
2. VARMA POINT / ADANGAL STIMULATION
3. VARMA KATTU MURAIGAL
4. VARMA ILAKKU MURAIGAL
5. PURAVALAYAM (VARMA PAATHI)
6. VARMA KIZHI OTRADAM

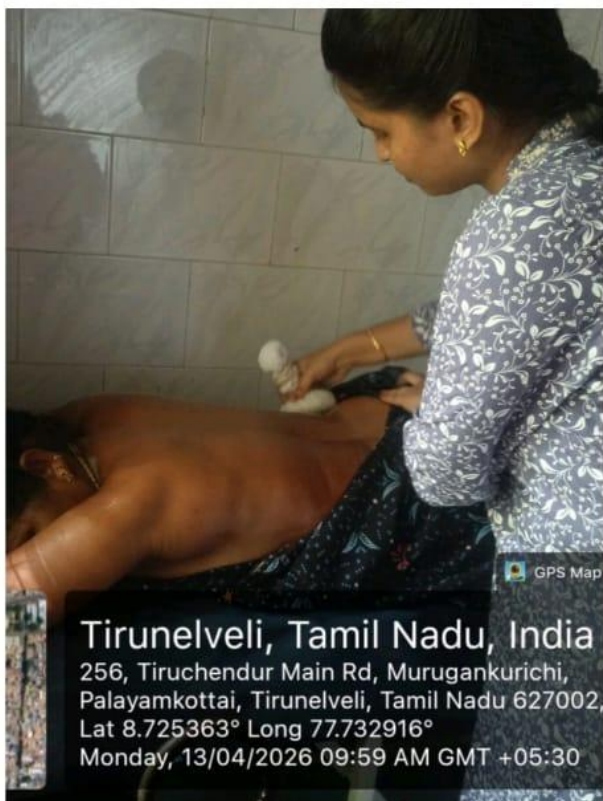
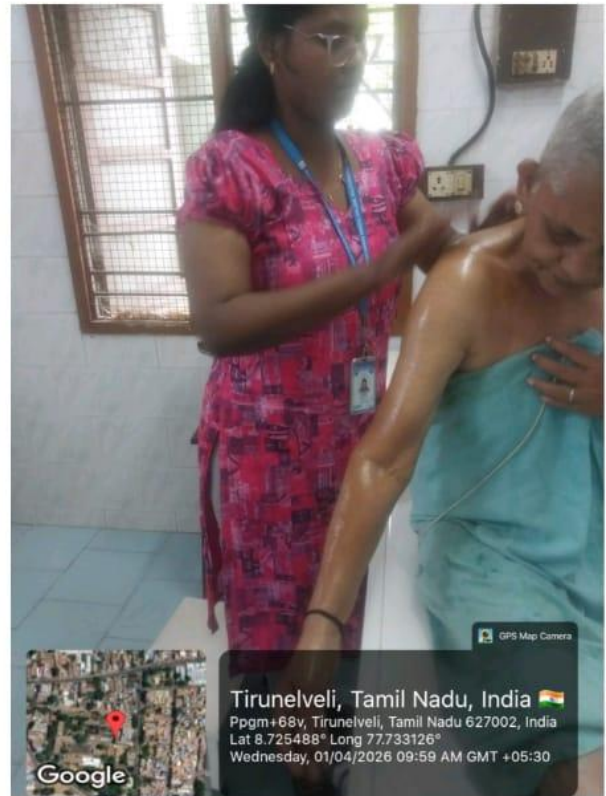
VARMAM AND PURAVALAYAM:



VARMAM:



VARMAM ,THOKKANAM AND OTRADAM:



VARMAM AND PODITHIMIRDHAL:



THOKKANAM AND



PURAVALAYAM:

THAARAI :



PURAVLAYAM :



VARMAM, THOKKANAM , OTTRADAM

